



# January Programs

**Kindergarten-1st Grade Basketball-** K-1 basketball is a fun, upbeat environment to give your child their first taste of the great sport of basketball. We will learn some of the basic fundamental skills and play in some "games" to give each child a positive first experience. We will lower the baskets and use smaller balls to help each child achieve success, learn some great skills, and be part of a team. Each child will also receive a t shirt and will participate in our "Basketball Olympics" on the last day with medals and treats at the completion of the games. Please have your child wear clothing they can move in and carry their tennis shoes into the gym and change them inside. You do not have to have new shoes, just make sure the soles are clean.

Dates: Saturdays, Jan. 12, 19, 26, and Feb. 2

Time: 9am-10am

Ages: Currently enrolled in Kindergarten or 1st Grade

Cost: \$15 Members/\$20 Non Members

Venue: DMS New Gymnasium

Register By: Friday, Jan. 4

**Traversing the Great Divide Fitness Challenge-** It's that time of year...time for our New Year Fitness Challenge. This year we will be trekking from Antelope Wells, NM to Roosville, Canada (near Eureka, MT). We will be logging minutes of workout time and having fun challenges along the way. We will have physical challenges, as well as general wellness challenges, like drinking enough water. We may even give you the opportunity to try new things! Prizes will be drawn each week from the pairs that complete the minutes and also from the ones that complete the challenges. If you want to participate but don't have a partner, we will find one for you! Teams will be comprised of two people,

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there is no stipulation as to the gender or age of the participants. Points will be accumulated throughout the challenge and one team will win a special prize at the end of the contest. See contestant information pack for full instructions.

Dates: Jan. 14-March 10

Ages: Any

Cost: \$20 Member/\$60 Non Members (includes use of the Y during the challenge)

Register By: Monday, Jan. 7

**School's Out Days-** There is no school Monday, Jan. 21 and the Y is here to help. The Y will offer a full day camp for children in grades K-5. Your child will need to bring a lunch and swimwear, the Y will provide a morning and afternoon snack along with lots of fun activities. **THERE IS A MINIMUM AND MAXIMUM NUMBER OF PARTICIPANTS ALLOWED SO PLEASE REGISTER EARLY!**

Dates: Monday, Jan. 21

Ages: K-5th Grade

Cost: \$30

Registration Deadline: Friday, Jan. 11

**\*\*\*\*NO LATE REGISTRATIONS WILL BE ACCEPTED\*\*\*\***

**Adventures in After School Program-** Our Adventures in After School Program offers after school care for children entered in Kindergarten through 5th Grade. The children can ride Bus 9 (paperwork required at the school) to the Y where they will have a snack, recess, and engage in the theme of the week for fun and creative activities. The program runs from 4pm-5:30pm each Monday-Thursday and 3pm-5:30 on Friday when school is in session.

**Do You Want to Build a Snowman (Jan. 7-11)** We will be doing everything snowman this week. We will do crafts, games, and hopefully (if Mother Nature cooperates) building a snowman outside. Cost: \$25  
Register By: Jan. 4

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**Card Sharks(Jan. 14-18)** Card games will be our focus this week and we will play as many as we can learn in the week. Cost: \$25 Register By: Jan. 11

**Winter Wonderland (Jan. 22-25)** It's time to get outside and play in the snow. We will play games and have a great time outside all week. Make sure you dress to be outside. Cost: \$20 Register By: Jan. 18

\*\*\*\*\*NO PROGRAM MONDAY, JAN. 21. WE ARE OFFERING A CAMP FOR FOR THAT DAY. SEPARATE REGISTRATION REQUIRED\*\*\*\*\*

**Ice Ornaments (Jan. 28-Feb. 1)** We will be using fun molds, leaves, twigs, etc. to make some great ice ornaments to hang in the trees. Cost: \$25 Register By: Jan. 25

\*\*\*Sign up for the entire month and save\*\*\*

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