



2019-2020 Fall/Winter/Spring

Aquatic Schedule

For Lap Swim, Open Recreational Swim,
Water Aerobics, and Therapy
Questions? Please call us at 406-683-9622

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-10 am	<ul style="list-style-type: none"> *3 lanes open *6:15-7am water aerobics * Therapy NO OPEN SWIM *9-9:45 water aerobics in small pool-<u>no therapy during this time.</u> 	<ul style="list-style-type: none"> * 3 lanes open * Therapy NO OPEN SWIM *9-9:45 water aerobics in small pool-<u>no therapy during this time</u> 	<ul style="list-style-type: none"> * 3 lanes open * 6:15-7am water aerobics * Therapy NO OPEN SWIM *9-9:45 water aerobics in small pool-<u>no therapy</u> 	<ul style="list-style-type: none"> * 3 lanes open * Therapy NO OPEN SWIM *9-9:45 water aerobics in small pool-<u>no therapy during this time.</u> 	<ul style="list-style-type: none"> * 3 lanes open * 6:15-7am water aerobics * Therapy NO OPEN SWIM *9-9:45 water aerobics in small pool-<u>no therapy</u> 	<ul style="list-style-type: none"> * 3 lanes open * Therapy NO OPEN SWIM 	
10am-1pm	<ul style="list-style-type: none"> * 3 lanes open * Therapy * OPEN SWIM 10am-12 	<ul style="list-style-type: none"> * 3 lanes open * Therapy * OPEN SWIM 10am-12 **PLEASE READ BELOW 	<ul style="list-style-type: none"> * 3 lanes open * Therapy * OPEN SWIM 10am-12 	<ul style="list-style-type: none"> * 3 lanes open * Therapy * OPEN SWIM 10am-12 **PLEASE READ BELOW 	<ul style="list-style-type: none"> * 3 lanes open * Therapy * OPEN SWIM 10am-12 	<ul style="list-style-type: none"> Pools closed from 10am-12 	
1-3pm	<ul style="list-style-type: none"> * 3 lanes open * 1-1:45pm water aerobics * Therapy * Small pool reserved for BHHC * NO OPEN SWIM 	<ul style="list-style-type: none"> * 3 lanes open * Therapy * OPEN SWIM 1-3PM 	<ul style="list-style-type: none"> * 3 lanes open * 1-1:45pm water aerobics * Therapy * Small pool reserved for BHHC NO OPEN SWIM 	<ul style="list-style-type: none"> * 3 lanes open * Therapy * OPEN SWIM 1-3PM 	<ul style="list-style-type: none"> * 3 lanes open * 1-1:45pm water aerobics * Therapy * NO OPEN SWIM **PLEASE READ BELOW 	<ul style="list-style-type: none"> * 3 lanes open * Therapy * OPEN SWIM 	<ul style="list-style-type: none"> * 3 lanes open * Therapy * OPEN SWIM
3-7:30pm	<ul style="list-style-type: none"> * 3 lanes open * Therapy * 5:45-6:30pm water aerobics * OPEN SWIM 	<ul style="list-style-type: none"> * lanes closed 4-5pm for swim team * Therapy * OPEN SWIM 	<ul style="list-style-type: none"> * 3 lanes open * Therapy * 5:45-6:30pm water aerobics * OPEN SWIM 	<ul style="list-style-type: none"> * lanes closed 4-5pm for swim team * Therapy * OPEN SWIM 	<ul style="list-style-type: none"> * 3 lanes open * Therapy * OPEN SWIM 		

PLEASE NOTE: The various activities are color coded on the above schedule.

LAP LANES- open all day except Tuesdays and Thursdays 4:00-5:00pm for swim team.

THERAPY- Individual physical therapy on your own is available in both pools all day. Please accommodate the water aerobics or other activities already scheduled. The only conflict that may occur is if we have a school group or other large group coming in.

WATER AEROBICS- Please ask the front desk for a description of classes.
The 9:00am class is in the small pool and the rest are in the large pool.

SMALL POOL OR BIG POOL CLOSED -during these times because of Barrett Hospital and Healthcare usage and swim team.

**On certain Tuesday, Thursday and Friday afternoons the pools will be closed due to scheduled swim lessons for rural schools. If you usually come during those times please call the Y and check the schedule. We will have signs posted at the front desk and on locker room doors in advance. If a school is coming in the pools are closed to OPEN SWIM AND RECREATIONAL SWIM. Please reference locker room doors for updates on rural school lessons.

OPEN SWIM - Monday-Friday 10:00am-noon (with the exception of certain Tuesdays, Thursdays and Fridays-see above), Tuesday and Thursday 1:00-3:00pm, Monday-Friday 3:00-7:30pm, Saturday-Sunday 1:00-4:30pm.